

JOSLYN JOURNAL

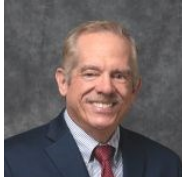
March-April 2024



What's in the Cards for You at Joslyn?

**Joslyn in Bloom Fashion Show Luncheon
Emergency Preparedness Seminar
Wine & All That Jazz Recap**

A MESSAGE FROM OUR EXECUTIVE DIRECTOR



When I saw the theme of this issue of the *Joslyn Journal*, I wondered where did the saying: “What’s in the cards for you?” come from. It derives from reading fortunes from Tarot cards or simply fortunetelling from a regular deck of cards. So, what’s in the cards for you at The Joslyn Center? There is a lot to choose from. You can choose from our many card and board games to keep active and make new friends in a relaxed social environment. Or, what about our many exercise classes from *Go4Life®*, *Chair Yoga*, *Balance Conditioning*, *Calisthenics*, and many more. We have classes such as *Brain Boot Camp*, *Aging Mastery*, or *A Matter Balance*. These classes can be found ONLY at The Joslyn Center.

I can’t tell your fortune, but I do know that there is a lot “in the cards” for you at The Joslyn Center. There is a recent report from the US Surgeon General that recommends older adults should remain active, engaged, and connected with their community. What better place to find varied opportunities to do just that. We even have social clubs such as our *Joslyn Singles* or *Joslyn Men’s Club*. These groups socialize, and then plan activities for the group. By the way, the Surgeon General report finds that not staying active, engaged and connected can have the same adverse health impacts as smoking about a pack of cigarettes a day. This means a variety of debilitating ailments are common among those who do not stay active. So, come on down to The Joslyn Center and I guarantee you will find a program or activity that appeals to you and will support your health goals.

I can also tell you that I know “what’s in the cards” for me. After nearly seven years as Executive Director at The Joslyn Center, I have announced that I will soon be retiring. The Board of Directors has formed a search committee and we have retained a consultant to help find the most qualified individual to lead The Joslyn Center into an exciting new future. The process will be thorough and will take a while, so I plan to be here for the next few months and have committed to do everything in my power to bring about a smooth transition.

I hope you will find something that appeals to you at The Joslyn Center and find that “what’s in the cards” for you is right here. See you soon.

Jack Newby
Executive Director

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JOSLYN CENTER SPRING HEALTH & WELLNESS FAIR

GET THE HEALTH CARE
INFORMATION YOU NEED.

Bring the entire family and
enjoy these activities:

- Medical Seminars
- Glucose screening
- Blood pressure screening
- Body mass index
- Opportunity Drawings for Attendees

WEDNESDAY, MAY 29TH
9:00AM- NOON

COVER STORY

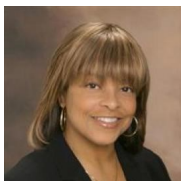
Card-carrying members of Joslyn Center have an array of activities at their fingertips. Whether it’s a hand of cards or a helping hand with referrals and social service offerings, look no further than our *Monthly Program Schedule* and featured community service activities to enrich your life. The schedule may be viewed at JoslynCenter.org or picked up at the front desk, and special activity highlights are featured with onsite flyers and in the weekly e-newsletter.



Featured on the cover in alphabetic order are *Canasta* players Karen Callahan, Karen Cliff, Mikki Greif, Shirley Hillier, Molly Jacobson, Bill Litchfield, Anna Longman, Mary Ellen Loesch, Barbara McGowan, Alice Nelson, Dixie Proulx, Sonia Routt, and Jan Webster. The “Canasta-nauts” meet Monday & Friday from 9am-12pm to meld cards and conversation. Other card play options include *Beginning Bridge Lessons* (Tues., 10am-12pm), *Intermediate Bridge Workshop* (Thurs., 10am-12pm), *Pinochle Club* (Tues., 10am-1pm), and *Pinochle Lessons* (Wed., 12-2pm).

If you prefer to get your game on, there’s *Mexican Train Dominoes* (Mon., Tues. & Wed., 10am-12pm), *Social Bingo* (Tues., 12-3pm), and *Scrabble* (Sat., 10am-1pm). If there is a ground swell of interest in other forms of card play or game play, please contact Melanie at 760-895-4652 or MelanieL@JoslynCenter.org with your suggestions.

A MESSAGE FROM OUR BOARD PRESIDENT



What's in the Cards for Senior Centers?

Joslyn Center promotes healthy aging by providing older adults and caregivers access to multiple resources, education, and activities to stay active and independent.

According to Medicine Encyclopedia, "Between 10 and 20 percent of elderly adults in this country currently attend senior centers a least once a year." Senior centers typically attracted those with lower income levels, but that's not the case today with people from all walks of life migrating towards more friendships, places to go as a group, meeting other widow/widowers, and finding a sense of belonging and living life to the fullest. (National Council on Aging, 2015).

Research shows that older adults who participate in senior center programs can learn to manage and delay the onset of chronic disease and experience measurable improvements in their physical, social, spiritual, emotional, mental, and economic well-being. There is also a common misconception that older adults who go to senior centers are lonely, poor, and/or impaired—cognitively, physically, or both. Senior center participants have higher levels of health, social interaction, and life satisfaction. (NCOA, 2015).

By 2034, the United States is expected to enter a demographic shift where adults age 65+ outnumber children in population—for the first time ever. (U.S. Census, 2018). The older population is becoming more racially and ethnically diverse. Between 2018 and 2060 the share of the older population that is non-Hispanic white is projected to drop from 77 percent to 55 percent (Population Reference Bureau, 2019).

California is a rapidly aging state and needs the support of senior centers to help sustain the livelihood of our aging population. By 2030, it is expected that 20% of Californians will be 65+. Engaging, dynamic senior centers that meet the needs of older adults today and in the future are crucial for communities throughout the country. The needs of older adults are not what they used to be—particularly with a technologically advancing and more mobile society. Senior centers must adapt to these advancements in order to help older adults remain connected and address their needs.

The Joslyn Center is honored to be a progressive, model organization for older adults in the Coachella Valley providing programs and services that enhance the lives of those who walk through its doors.

Beverly J. Fitzgerald
Board President

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CLASS & ACTIVITY HIGHLIGHTS*



Monday
& Friday
9am-Noon

**Minnesota
CANASTA**

Starting March 12!



Tuesdays
10:00am-Noon

**Beginning
Bridge Lessons** with Dave \$3

Please call Dave to join - 928-301-7115

Pinochle



Tuesdays
10:00am-Noon

BINGO



**Tuesdays
Noon-3pm**

**10 Games!!
\$15**

**Daubers
\$1 each**

Doors open at 11:00am

Mexican Train Dominoes



Monday
Tuesday
Wednesday

10am-Noon

SCRABBLE



Saturdays
10:00am-Noon

Thursdays 1:00-3:00pm



Activities geared towards
men 50, 60, 70+

Bring your interests, expertise,
meet new friends & socialize.

For more information, call or text
Bill Sterritt - 613-619-1079

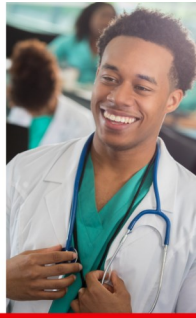


 **EISENHOWER HEALTH**

**EISENHOWER
WELLNESS
WEDNESDAYS:
LUNCH & LEARN
SERIES**

**Wednesday,
March 13, 2024
12-1pm**
Stroke Risk Factors
and How to Prevent
a Stroke

**Wednesday,
April 10, 2024
12-1pm**
Parkinson's
Awareness



Lunch is included. Space is limited. Reservations required.
Please call 760-340-3220 to register or
email Reception@JoslynCenter.org

*Classes may be subject to change and are updated regularly on the JoslynCenter.org homepage.
Please contact Melanie at 760-895-4652 / MelanieL@JoslynCenter.org for suggestions or further info.

THANK YOU TO OUR CORNERSTONE CLUB MEMBERS

Hugo Aguas*	Barbara Mitchell*
Wendy Alderson-Soda*	Michael Monachino* &
Monica & Paul Bambauer	Barbara Foster
Barbara Jean &	Sanya Mulhern
Gary Bennett	Lee & Evonne Muse
Brian Bilhartz*	Jack Newby & Pete Parker
Linda Blank*	Diana Marlo Noll*
Lynn & Richard Buckley /	Nancy Nowak &
REAP Foundation	William Choplin
Deko	Gary & Linda Nugent
Marge Dodge	Bonnie Paul
Jeanne "Magic" Fields &	Robert Reeder &
Lorna Johnson	Marcie Maxwell
John & Beverly* Fitzgerald	Jonathan & Carol Rich
Mary Gilstrap*	Peter Rittenhouse
Dr. Diane Haaga*	Barbara Rogers*
Inland Empire Community Fdn.	Ann Simley*
Barry Kaufman* & Margo	Irwin R. Sitron
Handelsman	Michelle Thueson
John Kiladis	Ed Walsh & Wayne Soucy
Chip Lyman	*Joslyn Center Board Member
Robert & Peggy Leo	

THE CORNERSTONE CLUB supports Joslyn Center programs & services with annual contributions at the following levels with commensurate member benefits:

- Platinum \$3,000 (\$250/mo) ●Silver \$600 (\$50/mo)
- Gold \$1,200 (\$100/mo) ●Bronze \$300 (\$25/mo)

For more information, please contact Greg Murphy, Director of Development & Marketing, at 760-895-4651 or GregM@JoslynCenter.org.



NANCY'S SALON DE JOSLYN

ENJOY A SPA TREATMENT
MONDAYS, 8AM-1PM
CALL 760-636-0577 FOR APPOINTMENTS

- Haircuts for men & women
- Therapeutic facials
- Deep pore-cleansing facials
- Anti-aging skin treatments
- Facial hair removal
- Eyebrow shaping & cleaning

SERVICES ARE FREE!

**\$20 GRATUITY REQUESTED FOR FACIALS &
\$5 FOR OTHER SERVICES TO COVER EXPENSES**

Arthur Newman Theatre Sunday Cabaret Series

All shows begin at 3pm with doors opening at 2:30pm for immediate seating. Admission is \$20, cash only. No reservations are needed with ample seating and parking. For more information or to be added to the mailing list, please visit SundayCabaretSeries.com.

- | | |
|-------------------------------------|---|
| 3/3 Francesca Amari | <i>Ponytails, Chiffon & Shangri-la</i> |
| 3/10 Bill Clifford | <i>Bill Does Broadway</i> |
| 3/17 Dede Ondishko | <i>Galway Girl</i> |
| 3/24 Tommy Dodson | <i>A Tribute to Johnny Mathis</i> |
| 3/17 | DARK FOR EASTER |
| 4/7 Yve Evans | <i>A Private Party in a Public Place</i> |
| 4/14 Chris Bennett & Rick Ross | <i>TBA</i> |
| 4/21 Tod Macofsky | <i>Once in A Lifetime: Songs of Anthony Newley</i> |
| 4/28 Patricia Welch | <i>Broadway's Best</i> |
| 5/5 Frank Duncan | <i>My Life in a Nutshell</i> |
| 5/12 Gina Zollman | <i>May I Have This Dance?: A Tribute to Anne Murray</i> |
| 5/19 Earl Mitchell & Emily Lindbeck | <i>Magic Moments That Last Forever</i> |
| 5/26 Ensemble | <i>TBA Legends of the Desert</i> |

Show schedule subject to change



New Member Orientation

Friday, March 1st
& Friday, April 5th
10:00-11:00am

Call 760-340-3220 to register.



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Bighorn Golf Club Charities / Bighorn Cares
Coachella Valley Wellness Foundation
Desert Healthcare District & Foundation
Inland Empire Community Foundation / American Rescue Plan Act
The Houston Family Foundation
National Council on Aging
Riverside County
Steve Tobin, Johnny Krupa & The Grace Helen Spearman Charitable Foundation
Regional Access Project Foundation

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- Depression
- Relationships
- What keeps you awake at night

Bilingual Spanish & English

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PICKLEBALL COURT CAMPAIGN

HELP JOSLYN RAISE FUNDS FOR OUTDOOR PICKLEBALL COURTS

Joslyn Center has its sights set on expanding pickleball opportunities with the installation of two pickleball courts in the appropriately named courtyard between our two buildings. With an increasing number of pickleball participants, we are outgrowing the Clark Auditorium where lessons and court play currently take place three days a week.

Please consider a tax-deductible donation to our Pickleball Court Campaign. Naming opportunities are available based on the size of your donation or pledge. For further information, please contact Jack Newby at 760-895-4649 or JackN@JoslynCenter.org.



SCAN TO DONATE

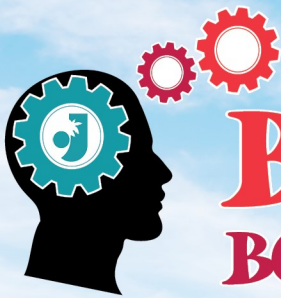
Joslyn Fitness Center

JOSLYN WELLNESS CENTER

Monday to Friday
9am-3pm
Appointment Required
(2:00 last appointment)

Call 760-895-4656 to schedule





Boost your memory &
brain health

BRAIN BOOT CAMP

2-Session Course

1pm-3pm

~~Tuesdays - March 16 & 26~~ **BOOKED**

Tuesdays - **April 16 & 23**

\$5 for the complete course

760-895-4656

Pre-registration
is required.



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National Council on Aging



Learn positive aging by focusing
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community involvement.

Next Available
5-Session Course

\$5 for the complete course

760-895-4656

Wednesdays 1pm-3pm

April 17, 24, May 1, 8, 15

Pre-registration is required.



We specialize in referring non-medical
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A MESSAGE FROM THE WELLNESS CENTER



Hello once again to our readers,
members & visitors.

Happy Spring to us all! Although we've
been through a somewhat colder, wetter
winter than usual, as our snowbirds are
well aware, winters here can't hold a candle to winters
in the north. Nevertheless, this desert winter may make
this coming "desert spring" somewhat reminiscent of
colder climates where spring comes as a relief. And
naturally, spring can make us think of rebirth and
starting fresh.

So, this may lead us to wondering what's in the cards
for us this coming season and year. Our lives have
many solid routines that we must keep in order to
remain safe and secure. But as you may also know, it
can be invaluable to shake up that status quo
sometimes.

Are you someone who likes to play board games like
Monopoly & Scrabble? I happen to not enjoy those but
have learned to enjoy playing cards a great deal. (Get
that accidental pun? A great "deal" about playing
cards? Ha-ha!) Many people have a family history or
tradition of playing cards or board games. It is a great
way to pass time, challenge the brain, and perhaps
most importantly, to be with people. And socializing is
one of THE most important things we can do for our
overall health, and specifically, for our brains. Just like
we once heard, "60 is the new 40?" Well, socializing is
the "new" health-boost, brain-boost, aspirin or "cure-
all," take your pick.

Canasta, Pinochle, Bingo, Bridge, Mexican Train
Dominoes, and Scrabble are all available here at The
Joslyn Center. There are those of us who can be a bit
shy or reticent about "joining" into new things & getting
out amongst people we haven't met yet. Think of it as
starting a new medication or supplement, except this
one has no known negative side-effects, and the co-
pay is so low it's virtually free. Or, remember Nancy
Reagan's, "Just say no..." campaign? In this case, "just
say yes!"

Thank you for reading this and for your support and
participation here at The Joslyn Center. As always, I
wish you the ability to take a moment, step back, and
ask yourself how you're doing and what you feel or
need right now; then make a conscious choice to do
what you want to do; no more and no less.

Until next time or I see you around the campus.

Elyse Prack, LCSW
Counseling Supervisor

WINE & ALL THAT JAZZ: TOUR DE FRANCE RECAP

The 6th Annual Wine & All That Jazz wine-pairing dinner took its show on the road this year with a *Tour de France* theme and a trip to the French wine country. Guests at the Classic Club in Palm Desert on January 17th enjoyed a champagne reception with passed hors d'oeuvres at "Café Joslyn" followed by a five-course wine pairing dinner featuring French cuisine and wines. Entertainment was provided by DJ James accompanied by violinist, Dayren Santamaria, and chanteuse, Maureen McDonald.

Thank you to Barbara Rogers & Gary Geske, Desert Oasis Healthcare (DOHC), Edeltraud McCarthy Foundation, Steve Tobin, Johnny Krupa & The Grace Helen Spearman Charitable Foundation, and Contour Dermatology for sponsorship and underwriting support. Thank you also to the Cities of Indian Wells and Rancho Mirage, Desert Healthcare District & Foundation, Beverly & John Fitzgerald, Barry Kaufman & Margo Handelsman, and Barbara Mitchell & the Riverside County Foundation on Aging for Magnum Table Captain participation. Special events such as *Wine & All That Jazz* put the "fun" in fundraising, and we couldn't do it without sponsors, donors, ticket buyers, and in-kind support. Merci beaucoup to all who contributed to the success of the evening and helped raise critical funds for programs and services for our members and clients.



Ginny Whitman & Indian Wells Mayor Pro Tem Bruce Whitman



Gary Geske & Barbara Rogers
Rosalind & Stan Hack



Karla Kjellin-Elder & Jeff Elder



Ernesto Munoz, Johnny Krupa
Ms. Deko



L-R from top: DOHC's Bobby Bayer
Barry Dayton, Brian Michaelsen
Jim Taylor, Felice Chiapperini
Robert Sanchez, Nadene Turner
& husband, Steve



Hot Purple Energy's
Lori Oshins & Steve Riegler



Dayren Santangelo
Maureen McDonald



Eiffel Tower dark chocolate garnish
a la Tomme Belanich

Among the guests were Board Members Hugo Aguas, Charles Alfaro, Linda Blank, Beverly Fitzgerald, Barry Kaufman, RM Council Member Lynn Malotto, Diana Marlo Noll, and Barbara Rogers. Other attendees included Brian Chavarin, Chris Christensen, Diane & Marty Coalson, Dr. Renzo Corzano, Donna Craig, Leticia De Lara, Patrick Evans, Barbara Foster Monachino, Nancy & Len Foster, Chris Freeland, Winston Gieseke, Debra Gruszecki-Brown, Margo Handelsman, Val & Jim Hicks, Kraig Johnson, Kevin McCarthy, Edward "Ned" Morrison, Jr., Lee & Evonne Muse, Linda & Gary Nugent, RM Council Member Michael O'Keefe, Evett PerezGil, DHS Council Member Jan Pye, Richard Ramhoff, Carole Rogers, Tamara Slater, Amy Sand, Martha & Scott Schroeder, Dick Shalhoub & Tracy Smith, and Jenny Weill & RM Mayor Pro Tem Ted Weill. Photos by Lani Garfield & JP Grados



Joslyn in Bloom 2024



**14TH ANNUAL
FASHION SHOW LUNCHEON**
Benefiting Joslyn Center Programs & Services

FRIDAY, APRIL 12, 2024
11:00am-2:00pm

\$100 General Seating
\$150 VIP Seating (includes wine)
JoslynCenter.org/Fundraising-Events

**Agua Caliente Resort Casino Spa
Rancho Mirage**

Floral Luncheon Attire
Sparkling Wine Reception & Silent Auction
Three-Course Luncheon
Merritt & Penny Joslyn Award Honoring
Beverly Fitzgerald & Jack Newby
Live Auction & Raise the Paddle
Fashion Show by
SUSANSTEINSTYLE!

RSVP, SPONSORSHIPS & QUESTIONS
Tomm Belanich, 760-895-4654
Info@JoslynCenter.org

JOSLYN CENTER BUSINESS PARTNERS

CATEGORY	BUSINESS PARTNER	CONTACT	PHONE	WEBSITE
Accessibility	Accessible Construction	Adam & Olga Jaramillo	310-215-3332	AccessibleConstruction.com
Assisted Living/ Memory Care	Caleo Bay Alzheimer's Care Ctr.	Anthony Aniasco	760-996-2745	SunshineRetirementLiving.com/ caleo-bay-assisted-living-la-quinta/
Grocery	Palm Desert Grocery Outlet	Keenam & Jennifer Carillo	442-227-2192	GroceryOutlet.com
Healthcare	Alzheimers Coachella Valley	Priscilla Kubas	760-776-3100	CVAalzheimers.org
Healthcare	Desert Regional Medical Center / Desert Care Network	Michele Finney	760-323-6774	DesertCareNetwork.com
Healthcare	Desert Oasis Healthcare	Felice Chiapperini	760-581-5559	myDOHC.com
Healthcare	Eisenhower Health	Brett Klein	760-340-3911	EisenhowerHealth.org
Healthcare	Optum Care Network	Laura Ramirez	760-770-8678	Optum.com
Home Care	Caring Companions at Home	Diane Mondini	760-771-6263	CaringCompanionsAtHome.com
Home Care	Grandis Care Services	Daniel Cisneros	800-331-6053	GrandisCare.com
Home Care	TheKey	Doug Huber	760-965-3179	TheKey.com
Home Care	MS.Care LLC	Marie Sokolik	760-574-3175	MSCareInc.com
Hospice/Home Care	Bella Terra Hospice of the Desert	Christina Driskell	760-904-6070	BellaTerraHealthcare.com
Insurance	Alignment Health Plan	Stephon Tyson	949-306-7012	AlignmentHealthPlan.com
Insurance	Bilhartz Desert Insurance Agency	Julie Sarmiento	760-835-1651	BilhartzInsurance.com
Insurance	Hernandez Exchange	Elizabeth Hernandez	760-641-7921	
Medical	Contour Dermatology	Lee Erwin	760-423-4043	ContourDerm.com
Medical Insurance	SCAN Health Plan	Ruth Osborn	661-609-3602	ScanHealthPlan.com
Memoir Writing	Life Writers	Johnny Wilson	951-744-5800	MyLifeWriters.com
Real Estate	Jason S. Allen, Real Estate Planner	Jason S. Allen	760-325-1900	GetMe2PS.com
Retirement Living	Amber House Luxury Senior Living	Joanne Pantuso	760-851-4714	AmberHouseSeniorLiving.com
Retirement Living	Avenida Palm Desert	Nicole Hay	760-610-2202	AvenidaPalmDesert.com
Retirement Living	Carlotta-Ivy Signature Living	Miriah Hess	760-477-4249	IvyLiving.com/TheCarlotta/
Utility	Southern California Edison	Aaron Thomas	760-202-4293	SCE.com

For Business Partner information, please visit JoslynCenter.org/Business-Partners or contact Melanie Lyons at 760-895-4652 or MelanieL@JoslynCenter.org.

BUSINESS PARTNER SPOTLIGHT



Contour Dermatology & Cosmetic Surgery Center has been a supporter of The Joslyn Center since 2018. In recognition of their legacy of support for nonprofits throughout the Coachella Valley, they were honored as Outstanding Philanthropic Corporation by the local chapter of the Association of Fundraising Professionals on National Philanthropy Day, November 3, 2023.

Founded by Dr. Timothy Jochen in 2001, with one office and one staff member in Palm Springs, Contour Dermatology now boasts a team of more than 80, including three dermatologists, eight nurse practitioners/physician assistants, three estheticians, several medical assistants, medical receptionists, and an administrative support team. The practice has grown to three Coachella Valley offices — Palm Springs, Rancho Mirage and La Quinta — and an additional location in Loma Linda.

Dr. Jochen is board certified by the American Board of Dermatology and is an Associate Clinical Professor at University of Southern California where he has earned the title of "Teacher of the Year" multiple times. He is trained in the latest techniques in dermatology, dermatologic surgery, cosmetic surgery, and hair restoration/transplantation. Dr. Jochen is certified in Mohs Micrographic Dermatologic Surgery by the American Board of Dermatology. Contour offers a comprehensive array of cosmetic and medical dermatology services, now including GentleCure image-guided superficial radiotherapy (IG-SRT) as a Mohs surgery alternative for removing skin cancers. For more information, please contact them at 760-423-4000 or visit their website at ContourDerm.com.

A MESSAGE FROM OUR MEALS ON WHEELS DIRECTOR



As this journal is coming out for March and April, I would like to wish everyone a very happy spring. Though we had quite bit of rain, badly needed, it was not such a bad winter.

I have read and heard that feelings of loneliness have been increasing. With people passing, moving away, changing jobs, etc., our contacts are getting fewer and fewer.

So many of us have relied on other people, that we have included in our lives, as part of our lives, that we have not given a good focus on ourselves. So, when we find ourselves alone for whatever reason, we feel we don't have a sense of belonging, thus the feeling of aloneness. As I taught many of my clients who were dealing with feeling lonely that they still have themselves.

Learning to love, care, and appreciate yourself is one of the best gifts you will ever give to yourself. When you have learned that you are the most important person. Nobody or event can take away. That includes having conversation with yourself, being constructive, critical, and complementing to yourself, this will lead to a wonderful self-esteem. You become your best friend. This does not mean you are better or less than anyone else. You are just you with all your faults and assets.

There is a saying that I often read, that helps me and may help you: "I am a loving & capable person. I am worthy of love & respect. I am worthy of my own ideas & opinions. I am worthy of safety in my home. I am worthy of happiness & peace of mind. I am worthy." (author unknown)

My office is always open.

Bob Elias, Ed.S.
Director of Meals on Wheels

MEALS ON WHEELS

If you or someone you know would benefit from home-delivered meals, please contact Bob Elias at 760-895-4653 or BobE@JoslynCenter.org.

For further information or to apply online, please visit www.JoslynCenter.org/Meals-on-Wheels.

SOCIAL SERVICES

MEALS ON WHEELS

Serving Indian Wells, Palm Desert & Rancho Mirage. Fresh meals are delivered Monday-Friday between 9:30am-12:30pm. Frozen meals for weekends and pet food are also available. Inability to pay won't prevent homebound or disabled seniors from receiving meals.

PENNY'S PANTRY FOOD BANK

1st & 3rd Friday, 7:30-9:30am

Nonperishable & unexpired items accepted in lobby

FREE FARMER'S MARKET

2nd & 4th Friday, 9:00-10:30am

Fresh produce from FIND Food Bank

FRIENDLY CALLER PROGRAM / PHONE SAFETY NET

Providing telephone calls to homebound seniors who need support and socialization. Training provided.

For details or to sign up for Meals on Wheels or Telephone Safety Net, please call 760-340-3220 or visit JoslynCenter.org/services.

THANK YOU FOR ORGANIZATIONAL CAPACITY SUPPORT!

Inland Empire Community Foundation
Regional Access Project Foundation

SOCIAL SERVICES GRANTORS

Agua Caliente Band of Cahuilla Indians

Bank of America Foundation

The Barbara Steffens Fund - Meals on Wheels

Bighorn Charities / Bighorn Cares

The Champions Volunteer Foundation

Coachella Valley Wellness Foundation

The Coeta and Donald Barker Foundation

First Foundation Bank

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Jewish Federation of the Desert

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San Manuel Band of Mission Indians

Stater Brothers Charities

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**Steve Tobin, Johnny Krupa & the Grace Helen
Spearman Charitable Foundation**

GRANT NEWS



Thank you to Bighorn Cares for a generous grant in support of HVAC upgrades. The grant funded replacement of the aging unit for the Art Room.

Thank you to The Champions Volunteer Foundation for renewed support for the Meals on Wheel nutrition services program.



DESERT OASIS Healthcare for renewed support of Joslyn Center programs and services through event sponsorships and Business Partner membership.

Your Health. Your Life. Our Passion.

Thank you to the Inland Empire Community Foundation for facilitating a generous grant through the American Rescue Plan Act in support of Joslyn Wellness Center programs and services.



Thank you to the Regional Access Project Foundation for a grant in support of launching an Autism Outreach & Inclusion program for older adults.

Thank you to Stater Bros. Charities for a generous grant in support of Meals on Wheels and Penny's Pantry.



Thank you to Southern California Edison for renewed funding support for the annual Emergency Preparedness Seminar.

Thank you to Steve Tobin, Johnny Krupa and the Grace Helen Spearman Charitable Foundation for a generous "Raise the Glass" grant pledge at Wine & All That Jazz.



Thank you to the Inland Empire SoCal United Way for facilitating a generous Covid Impact Relief grant for general operating support.

Corporate and foundation grants play a critical role in funding Joslyn operations, programs and services. If you have corporate, foundation, or family foundation connections or suggestions, please contact Greg Murphy at 760-895-4651 or GregM@JoslynCenter.org.

JOSLYN CENTER LEGACY CIRCLE

Our heartfelt gratitude to the Legacy Circle members for their deep commitment to The Joslyn Center.

Their gifts and generosity will live on forever.

J & D Bird Trust

Dr. Abram I. & Sylvia S. Chasens Endowment Fund*

Ms. Deko

Richard Etts

John & Beverly Fitzgerald Family Trust

Leanna Giugliano*

Chip Lyman

Patricia "Patty" M. Newman Trust

Peter Rittenhouse

Janet R. Selland Trust*

Barbara Steffens / The Barbara Steffens Fund

Bruce Berkemeier Bequest*

LeBlanc Family Trust*

Merritt & Penny Joslyn Estate*

Jennie S. Bohanova Estate*

Mary Patricia Schneller Trust*

Have you included Joslyn Center in your estate plans?

For more information, please contact
Jack Newby at 760-895-4649 or
JackN@JoslynCenter.org

**In Memoriam*



Joslyn Singles with Francie

- | | | |
|---------|---|--------|
| Mar. 7 | Wildest, PD | 4:00pm |
| Mar. 14 | O'Caine's Irish Pub, RM
<i>Meet at restaurant; RSVP required</i> | 1:00pm |
| Mar. 21 | Waldo's, PD | 4:00pm |
| Mar. 28 | Wally's Desert Turtle, RM | 4:30pm |
| Apr. 4 | Enzo's, RM | 4:00pm |
| Apr. 11 | La Basil, PD | 4:00pm |
| Apr. 18 | Cliffhouse, LQ | 4:00pm |
| Apr. 25 | Si Bon, RM | 4:00pm |

Please contact Francie at 760-310-1942 to RSVP.

Meet at Joslyn at designated time to join the fun!

Cove Communities Senior Association
The Joslyn Center
 73-750 Catalina Way
 Palm Desert, CA 92260-2906

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WEDNESDAY MATINEE MOVIES, 2-4pm

Mar. 6	Who Framed Roger Rabbit , 1988 A toon-hating detective is a cartoon rabbit's only hope to prove his innocence when he is accused of murder.
Mar. 13	All of Me , 1984 A dying millionaire has her soul transferred into a younger, willing woman. However, something goes wrong, and she finds herself in her lawyer's body - together with the lawyer.
Mar. 20	Breakfast at Tiffany's , 1961 An eccentric café society girl falls in love with a struggling writer while attempting to marry for money, requiring both to move on from past lives.
Mar. 27	The Devil Wears Prada , 2006 A smart but sensible new graduate lands a job as an assistant to Miranda Priestly, the demanding editor-in-chief of a high fashion magazine.
Apr. 3	Steel Magnolias , 1989 A young beautician, newly arrived in a small Louisiana town, finds work at the local salon, where a small group of women share a close bond of friendship, and welcome her into the fold.
Apr. 10	Victor/Victoria , 1982 A struggling female soprano finds work as a female impersonator while passing as a man, but it complicates her personal life.
Apr. 17	The Help , 2011 An aspiring author during the civil rights movement of the 1960s decides to write a book detailing the African-American maids' point of view on the white families for which they work, and the hardships they go through on a daily basis.
Apr. 24	Rear Window , 1954 Alfred Hitchcock classic about a photographer in a wheelchair who spies on his neighbors from his Greenwich Village courtyard apartment window, and becomes convinced one of them has committed murder, despite the skepticism of his fashion-model girlfriend.



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COVE COMMUNITIES SENIOR ASSOCIATION
THE JOSLYN CENTER

PRESENT

EMERGENCY PREPAREDNESS SEMINAR




Join us for insightful presentations by experts from Palm Desert Public Safety, Coachella Valley Disaster Preparedness Network, So. Cal. Edison, American Red Cross and So. Cal. Gas Company.

Learn crucial emergency response strategies, power outage preparedness, and essential first aid and CPR techniques.

ALL ATTENDEES WILL RECEIVE A FREE EMERGENCY KIT & COMPLIMENTARY LUNCH

**TUESDAY, MARCH 19, 2024
11:00 AM - 1:00 PM**

**SPACE IS LIMITED
PLEASE RSVP BY MARCH 14TH
760-340-3220.**



**BE PREPARED,
STAY SAFE!**



Special thanks to the Cities of Indian Wells, Palm Desert and Rancho Mirage for their ongoing support!